



Name of Teen: _____

Name of Sponsor: _____

SCDA Teen/Sponsor Activity Form

All teens are required to participate in at least 1 Spiritual, Social AND Service Project Event with their Confirmation Sponsor EACH year of preparation for Confirmation. Events should be a *minimum of 1 hour* in length and contribute to the active role of the sponsor in the faith journey of the teen. Therefore, the activities chosen should be reflective of our call to Christian action in the gospels. These activities should also be completed on different dates, preferably a month apart as an effort to have a consistent relationship with each other.

One form should be completed for each year of preparation and should be turned into Youth Ministry as soon as the three activities are complete. Three is the minimum number of activities, but at least one of each type must be completed.

Spiritual Event

Event Type: Adoration Holy Hour Reconciliation Service Speaker Series Other: _____

Date of Event: _____ Location: _____

Describe what you did with your sponsor:

In your opinion, describe why it was a spiritual exercise:

When you finished, what was one resolution that you made as a result of reflecting on the activity:

Social Event

Event Type:

Date of Event: _____ Location: _____

Describe what you did with your sponsor:

How did you grow in friendship with your sponsor by doing this activity together?

What was one thing you learned about each other by spending this time together?

Service Project

Corporal Work of Mercy (CIRCLE): Feed the Hungry Give Drink to the Thirsty Shelter the Homeless
 Visit the Sick Visit the Imprisoned Clothe the Naked Bury the Dead

Date of Event: _____ Location: _____

Describe what you did with your sponsor:

What did you gain spiritually from this experience:

What do you have a new depth of appreciation for, after completing this time in service to others:

What was the hardest part about this service project:

What is one resolution you set for yourself after completing this time together:

I certify that I completed all of the events listed above with my sponsor and provided accurate information about the events _____

Teen Signature

Sponsor Signature